



# NICOLA COUNSELING SERVICES LLC

## Authorization to Release/Exchange Confidential Information

This form cannot be used for the re-release of confidential information provided to Nicola Counseling Services, LLC to other individuals or agencies. Such requests should be referred to the original individual or agency.

I \_\_\_\_\_ authorize Nicola Counseling Services to:

release to \_\_\_\_\_, obtain from \_\_\_\_\_, or exchange with \_\_\_\_\_

\_\_\_\_\_  
(name of agency/individual)

the following information pertaining to myself:

- \_\_\_\_\_ Treatment summary
- \_\_\_\_\_ History/intake
- \_\_\_\_\_ Diagnosis
- \_\_\_\_\_ Psychological test results
- \_\_\_\_\_ Psychiatric evaluation/medication history
- \_\_\_\_\_ Dates of treatment attendance
- \_\_\_\_\_ Other (specify) \_\_\_\_\_

for the purpose of:

- \_\_\_\_\_ Evaluation/assessment and/or coordinating treatment efforts
- \_\_\_\_\_ Other (specify) \_\_\_\_\_

This consent will automatically expire one (1) year after the date of my signature as it appears below, or on the following earlier date, condition, or event: \_\_\_\_\_.

I understand I have the right to refuse to sign this form, and that I may revoke my consent at any time (except to the extent that the information has already been released).

\_\_\_\_\_  
Client/Legal Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Nicola Counseling Services, LLC Practitioner

\_\_\_\_\_  
Date